

# Dietitian Referral Form

To: Eliana Witchell, MSc, RD  
Eat ;Different RD

Patient name: \_\_\_\_\_

Date: \_\_\_\_\_

Health card number: \_\_\_\_\_

Phone number(s): \_\_\_\_\_

Email: \_\_\_\_\_

Referring physician: \_\_\_\_\_

Physician contact: \_\_\_\_\_

Physician fax: \_\_\_\_\_

## Reason for Consult:

- |                                       |  |  |  |
|---------------------------------------|--|--|--|
| <input type="checkbox"/> Dyslipidemia | <input type="checkbox"/> Pre-diabetes    | <input type="checkbox"/> Diabetes Type 2   | <input type="checkbox"/> Injury Recovery   |
| <input type="checkbox"/> Hypertension | <input type="checkbox"/> Diabetes Type 1 | <input type="checkbox"/> Weight Management | <input type="checkbox"/> Diet Optimization |

Other: \_\_\_\_\_

Medical History: \_\_\_\_\_

\_\_\_\_\_

Current Medications: \_\_\_\_\_

\_\_\_\_\_

## Anthropometrics and Lab Results:

Fasting Insulin: \_\_\_\_\_ HDL: \_\_\_\_\_ WC: \_\_\_\_\_

FBG: \_\_\_\_\_ LDL: \_\_\_\_\_ CBW: \_\_\_\_\_

Hg-A1C: \_\_\_\_\_ TG: \_\_\_\_\_ Ht: \_\_\_\_\_

Total Chol: \_\_\_\_\_ BP: \_\_\_\_\_